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Lancet. 1999 Dec 4;354(9194):1974.

## **Backpack as a daily load for schoolchildren.**

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### **Abstract**

34.8% of Italian schoolchildren carry more than 30% of their bodyweight at least once a week, exceeding limits proposed for adults. Given increasing evidence of back pain in children, the time has come to propose some limitations to backpack load.

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**Publication Types, MeSH Terms**

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