

## **EVENT OF THE YEAR - FIRST TIME IN NEW YORK!**

**SEAS: Scientific Exercise Approach to Scoliosis** Level 1  
Course with Michele Romano - the Italian National Rehabilitation  
Director of ISICO (Italian Scientific Spinal Institute) - Milan

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### **Practical training for treating patients with scoliosis**

#### **DATES:**

Friday, January 27th - Sunday, January 29th, 2017

#### **HOSTED BY:**

SchrothNYC.com and Hunter College Physical Therapy Department.

#### **ADDRESS:**

425 East 25<sup>th</sup> Street – PT Department New York, NY 10010. United States



### **COURSE DESCRIPTION:**

- Understand background of SEAS (Scientific Exercise Approach to Scoliosis) approach and the underlying scientific principles.
- How to perform the clinical and postural evaluation of the scoliosis patient.
- Understand what is three-dimensional self-correction, and the step-by-step approach to teach individualized self-correction to the patient.
- Learn how self-correction is performed for different types of deformities: thoracic, thoracolumbar, lumbar, double curve, hyperkyphosis; correlation with the radiographic and postural evaluation, as well as on observed asymmetries.

- Learn how to manage the cognitive-behavioral approach to patient and family
- Understand the role of exercises within the SEAS approach, and the criteria used to choose them for an individualized treatment plan.
- Goals of exercises in the different treatment phases: no brace, brace, adult

## **PROGRAM:**

### **FRIDAY JANUARY 27, 2017**

- Review of scoliosis pathomechanics
- Bracing
- SEAS approach
- Assessment - theory and hands-on practice

### **SATURDAY, JANUARY 28, 2017**

- Active Self-Correction - theory and hands-on practice
- Scoliosis manager - internet application
- Exercises - theory and hands-on practice

### **SUNDAY, JANUARY 29, 2017**

- Active Self-Correction and exercises
- Theory and hands-on practice
- Clinical practice with patients

## **PRICE (Check addressed to: Hagit Berdishevsky):**

\$700 per person early registration prior to November 1st, 2016; \$750 after November 1st, 2016.

Cancellation policy: Full return prior to January 1<sup>st</sup>, 2017; 50% return prior to January 15<sup>th</sup>, 2017; no return after January 15<sup>th</sup>, 2017

## **REGISTRATION:**

**Please send your application (see below) with the above fee to:**

Hagit Berdishevsky  
16 East 96<sup>th</sup> Street #1B  
New York, NY 10128

**My email: [hagitberdigmail.com](mailto:hagitberdigmail.com)@**

## SEAS COURSE APPLICATION

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**NAME:** \_\_\_\_\_

**PROFESSION:** \_\_\_\_\_

**STREET ADDRESS:** \_\_\_\_\_

**CITY, STATE, ZIP:** \_\_\_\_\_

**PHONE NUMBER:** \_\_\_\_\_

**FAX (opt):** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**\*\*\* PREVIOUS EXPERIENCE WITH TREATMENT OF SCOLIOSIS**