



HKCCF

香港脊骨神經科醫學院基金有限公司
Hong Kong Chiropractic College Foundation Ltd.

CONTINUOUS PROFESSIONAL DEVELOPMENT

2014

- Red Flags in Spinal Pain (12 Nov)
- DNS Course "A" (3-5 Oct)
- DNS Skill Course (1-2 Oct)
- Understanding Tumor Markers (11 Jul)
- Compartment Knee Osteoarthritis (14 Apr)
- SEAS (4-6 Apr)

2013

- Mobilization of the Nervous System
- DNS A
- DNS B

2012

- Dry Needling
- DNS A

SEAS: Scientific Exercise Approach to Scoliosis ISICO - ISTITUTO SCIENTIFICO ITALIANO COLONNA VERTEBRALE

4th - 6th April 2014
P5-03 Graduate House, University Drive, University of Hong Kong

Course Objectives:

- Understand background of SEAS (Scientific Exercise Approach to Scoliosis) approach and the underlying scientific principles.
- Teach joint protection and proper ADL principles for patients with scoliosis.
- Learn the principles of the team approach for spinal deformities (physician, physio, trainer, orthotist, patient & family).
- How to perform the clinical and postural evaluation of the scoliosis and hyperkyphosis patient.
- Understand what is three dimensional self correction, and the step by step approach to teach individualized self correction to the patient.
- Learn how self correction is performed for different type of deformities: thoracic, thoracolumbar, lumbar, double curve, hyperkyphosis; correlation with the radiographic and postural evaluation, as well as on observed asymmetries.
- Learn how to manage the cognitive-behavioral approach to patient and family
- Understand the role of exercises within the SEAS approach, and the criteria used to choose them for an individualized treatment plan.
- How to understand if the difficulty of exercises is appropriate to the patient.
- Goals of exercises in the different treatment phase: no brace, preparation to the brace, in brace, brace weaning.

Course Contents:

Date	Hours	Teachers	Topics
Friday 4th April 2014	9 - 13	Michele Romano Alessandra Negrini	Active Self Correction - Theory and hands-on practice
	14 - 16	Michele Romano Alessandra Negrini	Active Self Correction - Theory and hands-on practice
	16 - 18	Stefano Negrini (Skype Conference)	Scoliosis general knowledge - General knowledge on braces for PT Diagnostic-therapeutic pathways - Basis of SEAS
Sat 5th April 2014	9 - 13	Michele Romano Alessandra Negrini	Team approach -- SEAS: practical application
	14 - 18	Michele Romano Alessandra Negrini	Scoliosis manager: an internet tool to build an exercises plan - Theory and hands-on practice
Sunday 6th April 2014	9 - 13	Michele Romano Alessandra Negrini	Exercise for treatment in mild scoliosis: choosing and applying - Theory and hands-on practice
	14 - 18	Michele Romano Alessandra Negrini	Exercise for treatment in braced patients: choosing and applying - Theory and hands-on practice

Speaker:

[Professor Stefano Negrini](#)

[Mr. Michele Romano](#)

[Ms. Alessandra Negrini](#)

Date and Time:

4th - 6th April 2014

Morning Session	9am to 1 pm
Afternoon Session	2pm to 6pm

Venue:

Rm. 915, Youth Square, 238 Chai Wan Road

Charge:

HKD4,000 for early bird registration before the 28th February 2014
HKD4,800 on or after 1st Mar, 2014
(Number of participants limited to 25 persons).

SEAS bibliography

Enquiries:

Please contact cpdntalk@hkccfl.org.hk or +852 3998 3222

For **Registration and Booking Form**, [click here](#)

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