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Eur J Phys Rehabil Med. 2010 Jun;46(2):269-82.

EJPRM systematic continuous update on Cochrane reviews in rehabilitation: news from the 1st and 2nd Issues of 2010.

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Abstract

AIM: Since 2007 we focused our attention as **EJPRM** to the best available clinical evidence as offered by the **Cochrane** Collaboration. Due to the absence of a specific **Rehabilitation** Group (only a Field exists), **reviews** of PRM interest are in different groups and not easy to find. Consequently, the **EJPRM** offer the service of listing and presenting all these **reviews** systematically. The aim of the present paper was to systematically review all the new **rehabilitation** papers published in the **1st** and **2nd Issues** of **2010** from the **Cochrane** Library in order to provide to physicians involved in the field a summary of the best evidence nowadays available.

METHODS: The author systematically searched all the new papers of rehabilitative interest in the **1st** and **2nd Issues** of **2010** of the **Cochrane** Library. The retrieved papers have been then divided in subgroups on the base of the topic and the **Cochrane** Groups.

RESULTS: The number of included papers was 9, 5 of these were new **reviews**. One new review deal with neurological **rehabilitation**, 2 with musculoskeletal disorders, 1 with cardiac **rehabilitation**. Moreover, 5 **reviews** have been updated, 2 related to musculoskeletal disorders, 2 to neurological disorders, and 1 to pelvic floor **rehabilitation**.

CONCLUSION: The **Cochrane** Collaboration and its product, the **Cochrane** Library, are really relevant instruments to improve EBM in medical practice and thus also in the **Rehabilitation** Field. The present paper can help **Rehabilitation** Specialists to easily retrieve the conclusions of the most relevant and updated **reviews** in order to change their clinical practice in a more rapid and effective way.

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