

# EJPRM systematic continuous update on Cochrane reviews in rehabilitation: news from the second issue 2009

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## Abstract

The aim of the present paper is to systematically review all the new rehabilitation papers published in the second issue of 2009 from the Cochrane Library in order to provide to physicians involved in the field a summary of the best evidence nowadays available. The authors systematically searched all the new papers of rehabilitative interest from the second issue 2009 of the Cochrane Library. The retrieved papers are then divided in subgroups according to their topic. This review included eight papers: three dealing with neurological rehabilitation, two about pain management, one about orthopedic rehabilitation, one about physical therapy and another about workplace interventions. Some new evidence are now available, even if more studies are needed. The Cochrane Collaboration and the Cochrane Library are really relevant instruments to improve evidence based medicine in medical practice and thus also in the rehabilitation field. The present paper can help rehabilitation specialists to easily retrieve the conclusions of the most relevant and updated reviews in order to change their clinical practice in a more rapid and effective way.

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