

SEAS: Scientific Exercise Approach to Scoliosis

Level 1 With Michele Romano



2016

Practical training for treating patients with scoliosis
for Physical Therapists and Orthopedists



Friday, September 30th - Sunday, October 2nd, 2016

Hosted by: Avanti Therapy in Boulder, Colorado, USA

SEAS: Scientific Exercise Approach to Scoliosis

Course Description:

- Understand background of SEAS (Scientific Exercise Approach to Scoliosis) approach and the underlying scientific principles.
- How to perform the clinical and postural evaluation of the scoliosis patient.
- Understand what is three-dimensional self-correction, and the step-by-step approach to teach individualized self-correction to the patient.
- Learn how self-correction is performed for different type of deformities: thoracic, thoracolumbar, lumbar, double curve, hyperkyphosis; correlation with the radiographic and postural evaluation, as well as on observed asymmetries.
- Learn how to manage the cognitive-behavioral approach to patient and family
- Understand the role of exercises within the SEAS approach, and the criteria used to choose them for an individualized treatment plan.
- Goals of exercises in the different treatment phases: no brace



COURSE CONTENT:

DATE	TOPIC
FRIDAY SEPTEMBER 30 TH , 2016	<ul style="list-style-type: none"> • Review of Scoliosis pathomechanics • Bracing • SEAS approach • Assessment – Theory and hands-on practice
SATURDAY OCTOBER 1 ST , 2016	<ul style="list-style-type: none"> • Active Self Correction – Theory and hands-on practice • Scoliosis Manager – internet application • Exercises - Theory and hands-on practice
SUNDAY OCTOBER 2 ND , 2016	<ul style="list-style-type: none"> • Active Self Correction and Exercises • Theory and hands-on practice • Clinical Practice with patients

Please fill out ALL components of the form below, and send back to Clarissa@avantitherapy.com with the email subject line: SEAS APPLICANT. Once your application has been approved, you will be contacted for payment.

SEAS Course Application

NAME:

PROFESSION:

STREET ADDRESS:

CITY, STATE, ZIP:

PHONE NUMBER:

FAX (opt):

EMAIL:

PREVIOUS EXPERIENCE WITH TREATMENT OF SCOLIOSIS:

Additional Info:

- \$700 per person early registration prior to July 1, 2016; \$750 after July 1, 2016
- Course to be held at:
Avanti Therapy
5350 Manhattan Circle, Suite 100
Boulder, CO, USA 80303
(303)543-1201

