

RECOUP Research and Education Foundation, makes it possible for Medical and Rehabilitation Professionals to attend this Course at a fraction of the cost of attending this reputed course in Europe.

ABOUT THE COURSE

SEAS is an acronym for "Scientific Exercises Approach to Scoliosis". The principles of SEAS are based on a specific form of auto-correction (termed active self-correction), that is taught individually to each patient, and then associated with stabilising exercises that include neuromotor control, proprioceptive training and balance. The exercises are also incorporated into activities of daily living. SEAS approach is also characterised by a cognitive-behavioural approach towards the patient and his family to maximise compliance to treatment. Exercise treatment is the key to a good rehabilitation approach to scoliosis. The aim with SEAS exercises is to avoid or at least postpone bracing, and to arrive at the end of growth with a presumably stable curvature. When a brace has already been prescribed, exercises are mandatory in order to avoid all side effects of bracing, to increase its function, and to allow the spine to be stable during the weaning period and when the brace is discontinued.

Why should you adopt the SEAS approach?

- Evidence of efficacy in literature (see http://www.isico.it/uk/seas_bibliography).
 - No specific expensive devices are needed.
 - Free Software Access via internet (Scoliosis Manager <http://www.scoliosismanager.it/>).
- In this course you'll learn how to use the software and, most importantly, how to choose and adapt exercises basing on individual needs of the patient.

Who should attend:

This course is open to Physicians and Physiotherapists involved in Scoliosis Management

Participants must bring their own laptops or tablets to allow them to use the course software.

**Participants will be selected
based on eligibility and
on first come first serve basis**



Dates: January 10-12, 2016

Location: RECOUP Hospital, Anjanapura Layout, Bangalore, India

Course fees: INR 6,000 **Hours of Instruction : 25.5 Hours**

**Certification will be provided by
Italian Scientific Institute for the Spine (ISICO), Milan, Italy**

ABOUT THE FACULTY



PROF. STEFANO NEGRINI

Prof. Stefano Negrini, Specialist in Physical and Rehabilitation Medicine, Associate Professor, University of Brescia, Italy; Scientific Director, ISICO, Italy; Chief-Editor, European Journal of Physical and Rehabilitation Medicine; Past President of Society on Scoliosis Orthopaedic and Rehabilitation Treatment (SOSORT); 189 papers in Medline, 137 Book chapters and 30 Books.



ALESSANDRA NEGRINI

Alessandra Negrini, Physical Therapist, Technical Director of ISICO, Italy; 16 papers in Medline, 4 Book chapters

Michele Romano, Physical Therapist, National Rehabilitation Director of ISICO, Italy; Teaching courses on scoliosis since 1997; 20 papers in Medline, 8 Book chapters and 4 Books.



MICHELE ROMANO

COURSE PROGRAMME

DURATION: 25.5 HRS

HOURS	TEACHERS	TOPICS
Sunday, January 10, 2016		
08.30-13:00	Stefano Negrini (Registered Video)	Scoliosis general knowledge – General knowledge on braces. Diagnostic-therapeutic pathways – Basis of SEAS
14:00-18:00	Michele Romano Alessandra Negrini	Active Self Correction – Theory and hands-on practice
Monday, January 11, 2016		
08.30-13:00	Michele Romano Alessandra Negrini	Team approach – SEAS: practical application
14:00-18:00	Michele Romano Alessandra Negrini	Scoliosis Manager: an internet tool to build an exercises plan - Theory and hands-on practice
Tuesday, January 12, 2016		
08.30-18:00	Michele Romano Alessandra Negrini	Exercise for treatment in mild scoliosis: choosing and applying - Theory and hands-on practice
14:00-18:00	Michele Romano Alessandra Negrini	Exercise for treatment in braced patients: choosing and applying - Theory and hands-on practice

THE COURSE WILL INVOLVE LIVE DEMONSTRATION OF SEAS ON PATIENTS WITH SCOLIOSIS

SEAS International Certificate Course

REGISTRATION FORM

Please fill the form and click the save button below, visit <http://www.recoup.in/jcms/course-registration-form/> to submit your form

Name:

Job Designation/Profession

Hospital/Organisation

Phone: Mobile Landline

Email.....

Address (office)

.....

City/State..... Country

Terms and Conditions of Registration

1. Registration to the course will be confirmed once the total course fees has been received. This fees is transferable but not refundable, barring cancellation of course due to unavoidable reasons.
2. All successful registrations will be confirmed by email.
3. Places in a course will be allocated on a first come first served basis.
4. Course fees include instruction, beverages, light lunch, certificate of participation and transcript signed by the chief faculty and the course director.

For NEFT Transfer

Name of the account : Sharanam Charitable Trust
Bank Branch : Corporation Bank, Konanakunte Branch, Bangalore, India
Nature of Account : CLSB
Account Number : 0799CLSB01080005
MICR Number : 5600107066
IFSC Code : CORP0000799
SWIFT CODE : CORPINBB341

RECOUN
RESEARCH & EDUCATION
FOUNDATION
(SHARANAM CHARITABLE TRUST)

Payment Details:

Demand Draft / Local Cheque No.: Worth **INR 6,000/-**



Drawn on: Bank Branch

Dated:.....

Please make the DD/Local Cheque in favour of Sharanam Charitable Trust, payable at Bangalore.

REGISTRATION FEES: 6,000 INR

FOR FURTHER DETAILS PLEASE CONTACT:

MR. JOSHUA SAMUEL R, Course Coordinator,
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For information about Accommodation, Online Registration
and Payment please visit www.recoup.in

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